

# FONTEVERDE COLLECTION

## TUSCANY LIFESTYLE

FTV COLLECTION  
HAS A LOT OF SURPRISES  
IN STORE FOR YOU.

### FONTEVERDE

#### EQUILIBRIUM

### Healthy mindful life

New circuit focused on stress management

### GROTTA GIUSTI Gourmet & SPA

To discover chef Argentino's hidden secrets

### BAGNI DI PISA Five Senses

Sweet treatments with olive oil,  
local products tasting and perfumes from the East.

Happy birthday Fonteverde! Ten years have already passed since the birth of the Italians' favourite thermal resort. 2012 will be a year of celebrations with special offers, events and presents for our most loyal customers. The 'Happy birthday' package, dedicated to the month of June, will see champagne treatments and toasts in booths, walks in the countryside and treats from the chef. Alongside this great event, the Fonteverde Spa presents a programme for beating stress, the true illness of this century: 'Equilibrium' will let you remove the batteries and learn to get to know yourself. Our therapists will also teach you techniques to keep anxiety and muscle tension at bay. Our chef Salvatore Quarto will tweak the menu of the 'Organic cuisine of Val d'Orcia and Monte Amiata'. What is more, there will be a flourish of springtime flavours and perfumes in the air thanks to products from the area used together with nutritional and fun treatments. And, lastly, for the more sporty guests, Fonteverde has thought up a toning and health programme called 'Springtime on the bicycle': you need a lot of desire, training and a camera for this so that you can capture the roads and panoramas of one of the most beautiful areas in the world.

Grotta Giusti has created packages for 2012 that will let you discover the splendid area of Tuscany and the ancient Spa featuring the biggest thermal cave in Europe. For the more sentimental guests, we have thought up the "Programme for two" which includes an invitation to rediscover the flavours of romanticism, friendship or family. It is perfect for everyone; mothers and daughters, couples or simply friends. For the more gluttonous guests however, we have created the 'Gourmet and Spa' programme during which guests can discover the best wine cellars, wine tasting tours and culinary secrets of our chef. Lastly, we have created the 'Golf & Spa' and 'Bike tour in Tuscany' programmes for the more sporty guests: these include easy access to one of the most beautiful golf courses in Tuscany or being on the bike saddle for those who prefer to pedal and admire the extraordinary panoramas of this charming area.

Bagni di Pisa will pamper you this cold winter with proposals for you and your family to take a trip on a boat on the river Arno to discover the San Rossore Estate. Or, for the more gluttonous guests, there are wine tours in wineries and focaccia tasting tours. For you and your other half though, there is the Five Senses programme which includes sweet treatments with olive oil, authentic tasting dishes made from local products, and perfumes from the East. And lastly, a proposal for those who struggle with their weight: the 'Lose weight in Tuscany' packages are detox and slimming programmes which allow you to lose one or two dress sizes in just a few days, under medical supervision, with a carefully thought up and healthy food regime, physical activity and thermal treatments. However, the real new feature at Bagni di Pisa this year is the restoration of the East wing: a Bioaquam circuit, a floatation pool and water games will be ready for you to enjoy from the Springtime.

SPRING-SUMMER  
2012





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Tel. +39 0578 57241 - Fax +39 0578 572200  
info@fonteverdespa.com - www.fonteverdespa.com



#### \* Package includes.

- Buffet breakfast
- Etruscan circuit with sauna, hot plate and Turkish bath (upon reservation)
- Access to the fitness center
- Access to thermal pools and walking water circuit
- Daily morning hike with trainer (excluding Sunday)

#### News

Book your favourite treatments online!  
Check our website before your arrival.



## Happy birthday FONTEVERDE!

2 NIGHTS

Fonteverde is celebrating its 10th anniversary. Please come and share our jubilations on Saturday 30th June. The ceremonies will trace the main steps and key elements that have contributed to Fonteverde's success during the years. Thematic parties, pool parties and a special toast with the Privilege face champagne treatment.

- One dinner at the Ferdinando I restaurant

#### Spa treatments

- 1 Privilege champagne face treatment

30th June

Official celebration day with gala dinner at the Ferdinando I restaurant and after dinner party at La Casina delle Rose with live music.

Please come and visit the special exhibition with historical photos, maps and postcards at La Casina delle Rose.

#### \* Package includes.

Queen	€ 437,00
Privilege	€ 487,00
Privilege valley view	€ 521,00
Deluxe	€ 602,00
Junior Suite	€ 636,00
Deluxe	€ 780,00
Junior Suite	€ 1.375,00

Rates per person in double room

From the 4th to the 30th June. Offer subject to availability and particular restrictions

## EQUILIBRIUM

Healthy mindful life 7 NIGHTS  
New circuit focused on stress management



- Lunch and dinner
- Spa treatments
  - 1 Conversation with the Doctor
  - 1 Diet and cosmetic consultation
  - 3 Personal trainer sessions
  - 1 Face massage
  - 1 Cooking lesson
  - 1 Medical check up and Blue print delivery
  - 1 3D treatment, decontracting, draining and detox

Furthermore at your choice:

#### Antient Mediterranean Circuit

- 1 Equilibrium massage
- 2 Armonic therapy
- 2 Thalaquam
- 2 Salidarium
- 3 Yoga personal trainer
- 2 Physiotherapeutic massage
- 1 Aqua relax
- 1 Medical check up
- 3 Thermal mud
- 1 Biobalancing
- 1 Alma Maris
- 1 Pancafit
- 1 Craniosacral Balancing
- 1 Thermal mud

#### Oriental Circuit

- 6 Thermal mud
- 2 Yoga personal trainer
- 1 Ayurvedic Massage
- 1 Ayurvedic Massage with plantar reflexology
- 2 Head massage
- 1 Thai massage
- 1 Vitalstone massage
- 1 Con-tatto massage
- 2 Oriental massage
- 2 Jet Massage
- 1 Dhara

	Double room FOR SINGLE USE	Double room
Queen	€ 3.750,00	€ 3.400,00
Privilege	€ 3.975,00	€ 3.625,00
Privilege valley view	€ 4.130,00	€ 3.745,00
Deluxe	€ 4.450,00	€ 4.030,00
Junior suite	€ 4.605,00	€ 4.150,00
Suite Val d'Orcia	€ 5.150,00	€ 4.660,00
Grand Suite	€ 6.760,00	€ 6.760,00

Rates per person

Valid all year round. Offer subject to availability and particular restrictions

## Spring on a bike

2 NIGHTS

To discover Monte Amiata natural beauty



To discover Monte Amiata natural beauty, Fonteverde proposes personalised bike excursions... and once back in hotel enjoy relaxing treatments for a total wellbeing.

- One bike excursion to the Monte Amiata, by "Siesta brand"
- Bikes are at guests' disposal for rent

#### Spa treatments

- 2 Kneipp circuits
- 2 Specific lymphodrainning massages
- 1 Thermal mud face treatment

#### \* Package includes.

	From Sunday to Thursday	Friday and Saturday
Queen	€ 450,00	€ 496,00
Privilege	€ 510,00	€ 568,00
Privilege valley view	€ 542,00	€ 608,00
Deluxe	€ 618,00	€ 694,00
Junior suite	€ 650,00	€ 752,00
Suite Val d'Orcia	€ 786,00	€ 1.081,00

Rates per person in double room

From the 21st March to the 16th June.

Offer subject to availability and particular restrictions

## Biological cuisine

2 NIGHTS

From val d'Orcia and Amiata mountain



The 0 km biological products selected by our chef Salvatore Quarto will be the protagonists of your dinner: Chianina and Cinta Senese from local farm houses, DOP olive oil from the Tuscan hills, Pienza pecorino, aromatic herbs from Fonteverde little garden for a healthy and tasty holidays.

- One biological dinner at the Ferdinando I restaurant

#### Spa treatments

- 1 Olive oil massage
- 1 Honey and thermal mud face treatment

#### \* Package includes.

	From Sunday to Thursday	Friday and Saturday
Queen	€ 437,00	€ 524,00
Privilege	€ 469,00	€ 580,00
Privilege valley view	€ 500,00	€ 626,00
Deluxe	€ 577,00	€ 716,00
Junior suite	€ 609,00	€ 833,00
Suite Val d'Orcia	€ 745,00	€ 1.040,00
Grand suite	€ 1.305,00	€ 1.455,00

Rates per person in double room

From the 1st February to the 31st March.

Offer subject to availability and particular restrictions

### \* Package includes.

- Buffet breakfast
- Access to open-air thermal pools with hydromassages
- Access to the fitness centre
- Morning healthy hike (excluding Sundays)
- Medical consultation

### News

Book your favourite treatments online!  
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RESORT GOLF & SPA  
TUSCANY

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## Package for two

2 NIGHTS

Relaxing package exclusively made for the number 2: couples, mother and daughter, friends



- One Dinner at "La Veranda" restaurant

### Spa treatments

- 2 Thermal steam bath in natural Grotto
- 1 Resonanz Dorsalis massage (50') in twin cabin
- 1 Eteria face massage (25') in twin cabin

### Activities

- Tuscan wine tastings

### \* Package includes.

Comfort	€ 463,00
Charme	€ 479,00
Superior	€ 515,00
Elegance park view	€ 539,00
Deluxe park view	€ 571,00

Rates per person in double room

ONE MORE NIGHT STAY: 20% off on hotel official rates  
Valid from 10<sup>th</sup> January until 2<sup>nd</sup> June.

Offer subject to availability and particular restrictions



## Bike tour in Tuscany

2 NIGHTS

2 Nights in half board with buffet breakfast,  
Dinner à la carte and bike tour of Fucecchio Marshes

- One Dinner à la carte at "La Veranda" restaurant
- WELCOME GIFT Bottle of homemade biological oil
- Bikes are at guests' disposal for rent

### Spa Treatments

- 1 Thermal steam bath in natural Grotto (50')
- 1 Sport Massage (50')
- 1 Raggi Method with Pancafit (50')

### Activities

- 1 Guided bike tour of Fucecchio Marshes with bird-watching experience. Packed lunch included.

### \* Package includes.

Comfort	€ 504,00
Charme	€ 520,00
Superior	€ 556,00
Elegance park view	€ 580,00
Deluxe park view	€ 612,00

Rates per person in double room

ONE MORE NIGHT STAY: 20% off on hotel official rates  
Valid from 10<sup>th</sup> January until 20<sup>th</sup> June.

Offer subject to availability and particular restrictions

- One Dinner à la carte at "La Veranda" restaurant
- WELCOME GIFT A bottle of Tuscan oil

### Spa treatments

- 2 Thermal steam bath in natural Grotto (50')
- 1 Body scrub with rice flour and cocoa butter (50')
- 1 Antioxidant massage with red grape (50')

### Activities

- Tuscan wine tastings

### \* Package includes.

Comfort	€ 508,00
Charme	€ 524,00
Superior	€ 560,00
Elegance park view	€ 584,00
Deluxe park view	€ 616,00

Rates per person in double room

ONE MORE NIGHT STAY: 20% off on hotel official rates  
Valid from 10<sup>th</sup> January until 20<sup>th</sup> June.

Offer subject to availability and particular restrictions



## Golf & Spa

5 NIGHTS

5 Nights in half board with buffet breakfast,  
3 Green Fees and Spa Treatments

- Dinner à la carte at "La Veranda" restaurant
- ### Spa Treatments
- 3 Thermal steam bath in natural Grotto (50')
  - 1 Jet Shower with Thermal water (10')
  - 1 Swedish massage (50')
  - 1 Energizing massage (20')
  - 1 Soothing face treatment with pure Thermal mud (50')

### Activities

- Green Fee at Montecatini Golf Club
- Green Fee at Ugolino Golf Club
- Green Fee at Le Pavoniere Golf Club

For non-golfer: Voucher Spa of 126,00 Euro

### \* Package includes.

Comfort	€ 1.015,00
Charme	€ 1.055,00
Superior	€ 1.145,00
Elegance park view	€ 1.205,00
Deluxe park view	€ 1.285,00

Rates per person in double room

ONE MORE NIGHT STAY: 20% off on hotel official rates  
Valid from 10<sup>th</sup> January until 20<sup>th</sup> June.

Offer subject to availability and particular restrictions

## Gourmet & SPA

2 NIGHTS

To discover chef Argentino's hidden secrets





## Bagni di Pisa

PALACE & SPA  
TUSCANY

Largo Shelley, 18  
56017 San Giuliano Terme - Pisa  
Tel. +39 050 88501 - Fax +39 050 8850401  
info@bagnidipisa.com - www.bagnidipisa.com

## Lose weight in Tuscany 7 NIGHTS

For those who need to get back into perfect shape



## Five Senses 5 NIGHTS

Sweet treatments with olive oil, local products tasting and perfumes from the East.

- COMPLIMENTARY A bottle of extra-virgin olive oil "L'oro del colonnello" - Domus Olea
- Welcome drink
- Tasting Dinner to discover a healthy cuisine with "km 0" products
- Amedei Chocolate tasting - Infusion of local herbs "Bar Shelley"

### Spa Treatments

- Bio-Olea (120') FOR HER or Man Special (90') FOR HIM
- Face Treatment Eteria Divine (80')
- Thermal steam bath in the Grand Duke's natural Grotta (20')
- Dr. Vranjes Florence candle in your room

### S. Rossore Natural Park

- Tasting of Tuscan typical products at 'La Bottega del Parco', in the amazing natural reserve of S. Rossore (reservation necessary)
- Coach tour of the natural park S. Rossore (reservation necessary)

### Additional services (on request)

- Walking, bike or train tour of the natural park S. Rossore. A pagamento e su prenotazione.
- Exclusive boat tours along the Arno till the natural reserve of S. Rossore.

### \* Package Includes.

Comfort	€ 921,00
Superior	€ 996,00
Deluxe	€ 1.109,00
Junior suite prestige	€ 1.184,00
Suite	€ 1.371,00

Rates per person in double room

Valid all year round. Offer subject to availability and particular restrictions.

- Breakfast, lunch and dinner with personalised dietary menu
- Access to the indoor and outdoor thermal pools with hydromassages, to the fitness centre and the Turkish Bath

### Spa treatments

- 5 Sessions of gymnastics in thermal water or fitness (outdoor or indoor)
- 3 Aesthetic spa treatments with slimming, draining or toning effect
- 3 Therapeutic, toning or lymphdraining massage, reflexology, hydrothermal therapy or underwater massage (90 minutes each)
- 3 Specific body treatments using the most suitable equipment
- Thermal steam bath in the Grand Duke's natural Grotta
- Additional treatments: aesthetic medicine and aesthetic Spa treatments (price is not included)

### Meeting and consultation with the Medical Team

- Meeting with the Doctor-Tutor
- Evaluation of biological age

**AND FOR AT HOME...** At the end of your stay a backup Lifestyle programme is provided for, in which our medical team will continue to follow the evolution of the course with support and advice.

	Double Room FOR SINGLE USE	Double Room
Comfort	€ 2.830,00	€ 2.550,00
Superior	€ 2.970,00	€ 2.648,00
Deluxe	€ 3.166,00	€ 2.788,00
Prestige Junior suite	€ 3.502,00	€ 3.026,00
Exclusive Junior suite	€ 3.831,00	€ 3.264,00
Suite	€ 4.839,00	€ 3.978,00

Rates per person in double room

Valid all year round.

## Food & Spa Experience 2 NIGHTS

Taste is also part of the wellbeing experience!



### \* Package Includes.

- Buffet breakfast at "dei Lorena" restaurant
- Access to the thermal pools with hydro massages
- Morning hike with trainer (excluding Sundays)
- Access to the Turkish bath and the Swedish sauna
- Medical consultation

### News

Book your favourite treatments online!  
Check our website before your arrival.



## Romantic Spa 2 NIGHTS

A Spa experience to share with your loved one

- Upgrade to a superior room category if available on arrival
- Welcome drink
- A romantic candlelit dinner at dei Lorena restaurant
- Access to the thermal pools with hydro massages
- Access to the Turkish bath and the Swedish sauna
- Access to the fitness center
- Morning hike with trainer (excluding Sundays)

### Spa treatments

- Thermal steam bath in the Grand Duke's Grotta for exclusive use of the couple
- A couple treatment of 25 mins in twin suite

### \* Package Includes.

Comfort	€ 333,00
Superior	€ 365,00
Deluxe	€ 413,00
Prestige junior suite	€ 445,00
Suite	€ 525,00

Rates per person in double room

Valid all year round.

- Free upgrade to the next room category if available upon arrival
- Welcome drink
- À la carte dinner at the gourmet restaurant dei Lorena

### Spa Treatments

- Relaxing massage (25')
- Thermal steam bath in the Grand Duke's natural Grotta

### Activities

- Wine Tours and typical products tastings at "Badia di Morrone" (from Monday till Saturday morning)
- Or. Tastings at "Enoteca Vanni" in the hearth of Lucca historic centre (from Monday till Saturday)
- Or. Wine tour at Varramista Factory with local products tastings.

### \* Package Includes.

Comfort	€ 361,00
Superior	€ 393,00
Deluxe	€ 441,00
Junior suite prestige	€ 473,00
Suite	€ 552,00

Rates per person in double room

Excluding public and bank holidays. Offer subject to availability and particular restrictions.